

Bringing Dance to People with Dementia

Learn the skills to engage, inspire and uplift older adults and people with dementia through dance and expressive movement.



Photo credit Brookline Senior Center

Workshop leader, dance/movement therapist Donna Newman-Bluestein, M.Ed., BC-DMT, CMA, LMHC with 40+ years experience dancing with people with cognitive challenges.

Workshop topics include:

- aspects of dementia relevant to bringing dance
- elements of dance
- group leadership
- theory
- identifying benefits
- observing and participating in 2 groups with people with dementia
- model program, adaptable for your dance style, strengths, and clients

Who benefits from this training?

- dance/movement/music/expressive therapists
- mental health counselors
- activity therapists
- dance teachers
- caregivers
- anyone who enjoys dancing and working with people with dementia

Date: Saturday and Sunday, Nov. 2 and 3, 2019

Time: 9 a.m. to 5:30 p.m. 15 contact hours

Location: Bridges by EPOCH at 140 University Ave, Westwood, MA

Cost: Register by October 2 \$195
Register after October 2 \$225

Light complimentary lunch and snacks provided.

Register

<https://danceforconnection.com/event/bringing-dance-to-people-with-dementia/>

Email questions to donna@danceforconnection.com

Approved for 15 Category 1 CEUs Massachusetts for LMHCs This course qualifies for ADTA Alternate Route approval.

For more information about Donna Newman-Bluestein, go to www.danceforconnection.com